

If you like...

MENTAL HEALTH MEMOIRS

you might like ...

Liar by Rob Roberge (BIOG ROBERGE, R.)

Marbles by Ellen Forney (GN FORNEY, E.)

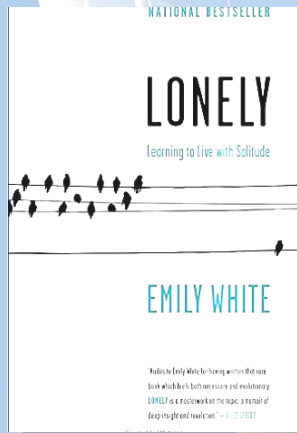
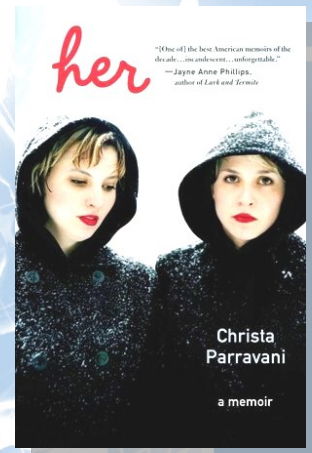
Cartoonist Ellen Forney explores the relationship between "crazy" and "creative" in this graphic memoir of her bipolar disorder, woven with stories of famous bipolar artists and writers.

The Dark Side of Innocence by Terri Cheney (BIOG CHENEY, T.)

Rat Girl by Kristin Hersh (BIOG HERSH, K.)

Chronicles one year in the life of the lead singer of Throwing Muses, where she handles her bipolar disorder, the band's rise to fame, and becoming pregnant.

Her by Christa Parravani (BIOG PARRAVANI, C.)



Lonely by Emily White (BIOG WHITE, E.)

Debut novelist Harkness has crafted a mesmerizing and addictive read, equal parts history and magic, romance and suspense--a richly inventive novel about a centuries-old vampire, a spellbound witch, and the mysterious manuscript that draws them together.

A Road Back from Schizophrenia by Arnhild Lauveng (BIOG LAUVENG, A.)

Out Came the Sun by Mariel Hemingway (BIOG HEMINGWAY, M.)

A moving, compelling memoir about growing up and escaping the tragic legacy of mental illness, suicide, addiction, and depression in one of America's most famous families: the Hemingways.

All Of Me by Kim Noble (BIOG NOBLE, K.)

Monkey Mind by Daniel B. Smith (BIOG SMITH, D.)

Daniel Smith brilliantly articulates what it is like to live with anxiety, defanging the disease with humor, traveling through its demonic layers, evocatively expressing both its painful internal coherence and its absurdities.

Ten Ways Not to Commit Suicide by DMC (BIOG MCDANIELS, D.)

Confessions of a Sociopath by M.E. Thomas (616.85 THO)

Confessions of a Sociopath takes readers on a journey into the mind of a sociopath, revealing what makes the tick and what that means for the rest of humanity. Written from the point of view of a diagnosed sociopath, it unveils these men and women who are "hiding in plain sight" for the very first time.

