

If You Liked...

# Furiously Happy

You Might Like...

**Monkey Mind by Daniel B Smith (BIOG Smith, D.)**

In "Monkey Mind," Daniel Smith brilliantly articulates what it is like to live with anxiety, defanging the disease with humor, traveling through its demonic layers, evocatively expressing both its painful internal coherence and its absurdities.

**My Age of Anxiety: Fear, Hope, Dread, and the Search for Peace of Mind by Scott Stossel (616.85 STO)**

**This Close to Happy: A Reckoning With Depression by Daphne Merkin (BIOG Merkin, D.)**

**Calypso by David Sedaris (814.54 SED)**

David Sedaris returns with his most deeply personal and darkly hilarious book. If you've ever laughed your way through David Sedaris's cheerfully misanthropic stories, you might think you know what you're getting with Calypso. You'd be wrong. When he buys a beach house on the Carolina coast, Sedaris envisions long, relaxing vacations spent playing board games and lounging in the sun with those he loves most. And life at the Sea Section, as he names the vacation home, is exactly as idyllic as he imagined, except for one tiny, vexing realization: it's impossible to take a vacation from yourself.

**Earth: A Visitor's Guide to the Human Race by Jon Stewart (817 STE)**

**Let's Pretend This Never Happened by Jenny Lawson (BIOG Lawson, J.)**

**I Hope They Serve Beer in Hell by Tucker Max (306.7 MAX)**

**Hyperbole and a Half: Unfortunate Situations, Flawed Coping Mechanisms, Mayhem, and Other Things that Happened by Allie Brosh (GN Brosh, A.)**

**Chelsea Chelsea Bang Bang by Chelsea Handler (817.54 HAN)**

Life doesn't get more hilarious than when Chelsea Handler takes aim with her irreverent wit. Who else would send all-staff emails to smoke out the dumbest people on her show? Now, in this new collection of original essays, the #1 bestselling author of *Are You There, Vodka? It's Me, Chelsea* delivers one laugh-out-loud moment after another as she sets her sights on the ridiculous side of childhood, adulthood, and daughterhood.

**Dad is Fat by Jim Gaffigan (814 GAF)**

**Why We Suck: A Feel Good Guide to Staying Fat, Loud, Lazy and Stupid by Denis Leary (814.54 LEA)**

**Me Talk Pretty One Day by David Sedaris (814.54 SED)**

**Not Taco Bell Material by Adam Carolla (818.602 CAR)**

In his second book, Adam Carolla--author of New York Times bestseller *In Fifty Years We'll All Be Chicks* and chart-topping podcaster--reveals all the stories behind how he came to be the angry middle-aged man he is today. Funnyman Adam Carolla is known for two things: hilarious rants about things that drive him crazy and personal stories about everything from his hardscrabble childhood to his slacker friends to the hypocrisy of Hollywood.

**The Scar: A Personal History of Depression and Recovery by Mary Cregan (BIOG Cregan, M.)**

